

POST OPERATIVE CARE

POST-SURGICAL WOUND CARE INSTRUCTIONS

Leave the original dressing in place for **2 days** (*or as long as Dr Banky has instructed*) as the pressure helps to minimize the risk of bleeding following surgery. You may then soak the dressing off in the shower.

When the dressing is removed it is safe to shower/shampoo normally and to allow the wound to be wet and to be gently cleaned under the shower on a daily basis. However do not swim in the beach or pools and do not have a bath until your sutures are removed.

You may use a cotton bud soaked in normal saline or 3% hydrogen peroxide (available from pharmacies). Clean the wound removing any yellowish material crust or scab that has formed. You may be firm. Then apply Vaseline or Nemdyn ointment if prescribed by your doctor.

If the wound is weeping a lot, wash or bathe it again during the day using soapy water, then reapply Vaseline.

The wound may be covered with a non-stick dressing (e.g. melonin) and tape until removing it in your next shower.

If you have any concerns, please contact Dr Banky on 1300 418 481

NB. In the case of an emergency, or if unable to make contact, please seek advice from your GP or nearest hospital emergency department.