

MOHS MICROGRAPHIC SURGERY

MOHS POST OPERATIVE WOUND CARE INSTRUCTIONS

In order to obtain the best possible results following surgery, please follow these instructions:

- Leave the dressing dry and in place for 24-48 hours (or for as long as Dr Banky has instructed). If the dressing is “blood-soaked,” remove it and change it with a new one.
- In 48 hours remove the dressing in the shower – you can get the wound wet. Gently clean the wound in the shower.
- After your shower, wash your hands and gently clean the wound using 3% hydrogen peroxide on a cotton bud (available from your pharmacy).
- After cleaning the wound apply a thin smear of Vaseline or Nemdyn ointment (if prescribed) to the wound.
- Apply a non-stick dressing such as telfa or melonin and paper tape (micropore) (all available from pharmacies).
- Repeat this process every 24 hours until you next appointment.
- If you need pain relief, please take panadol or panadeine. Avoid any aspirin or aspirin containing products.
- To reduce the swelling and bleeding, apply a cold pack or packet of frozen peas over the wound for 10 minutes every hour until bedtime on the day of surgery only. Swelling is often worst up to two days after surgery. In addition, please sleep upright for the first few nights with 3-4 pillows if the procedure was on your head or neck so that swelling and bruising is reduced.
- If bleeding persists, apply firm pressure for **30 minutes continuously** sitting upright. If bleeding still persists, please call Dr Banky.
- If the skin around the wound becomes red and tender, please call Dr Banky.
- Restriction of physical activity for the first 24-48 hours after surgery is advised, or until Dr Banky instructs.

If you have any concerns, please contact Dr Banky on 1300 418 481

NB. In the case of an emergency, or if unable to make contact, please seek advice from your GP or nearest hospital emergency department.