

POST OPERATIVE CARE

## CARE FOR YOUR SCAR

- Following removal of your sutures, continue to care for the scar with the 3% Hydrogen Peroxide to remove any crusting along the scar line. Always ensure the Hydrogen Peroxide is rinsed away and Vaseline is applied to the scar after it has been cleaned.
- From three weeks after the sutures are removed, please **firmly** massage the suture line for 1 minute, 3-4 times a day. If you wish, when massaging the scar line, use a Vitamin E containing cream.
- Once the scar has healed, and is no longer crusting, apply a Silicone-based product such as Dermatrix gel nightly if instructed by Dr Banky.
- Scars can take up to 12 months following surgery to reach their final cosmetic appearance, so please be patient.
- In some instances, secondary procedures such as intralesional corticosteroid injections, scar revision surgery, dermabrasion or laser may be required to achieve optimal final results.

To prevent further skin cancers requiring more surgery or other treatments, strict sun avoidance with a SPF 30+ sunscreen is recommended.

---

**If you have any concerns regarding your scar or its healing, please contact Dr Banky on 1300 418 481**